

valley

CAREGIVER

RESOURCE CENTER

Kern County Senior Guide

Serving California's Central Valley



1-800-541-8614 (661) 873-4000

E-mail: info@valleycrc.org Web Site: www.valleycrc.org

Adult Day Care

Alzheimer's Disease Association of Kern County.....(661) 665-8871
Respite Site Center.....(661) 301-6154

Adult Day Health Care

Delano ADHC Center.....(661) 725-7070

Advocacy

AARP.....(800) 523-5800
HICAP (Health Insurance Counseling & Advocacy Program).....(661) 868-1000
LTC Ombudsman Program.....1(888) 292-4252 or (661) 323-7884
Mobile Home Ombudsman1(800) 952-5275

Alzheimer's Services

Alzheimer's Disease Association of Kern County(661) 665-8871
Safe Return (Alzheimer's Association)(800) 625-3780
Valley Caregiver Resource Center.....(800) 541-8614

Case Management Programs

MSSP (65+ & on Medi-Cal).....	(661) 326-0105
Around The Clock.....	(661) 324-4277
Volunteer Senior Outreach Program	(661) 868-1000

Counseling

Alzheimer's Disease Association for Kern	(661) 665-8871
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Emergency Hotlines (24 hr)

Adult Protective Services.....	(661) 868-1006
National Domestic Violence Hotline.....	(800) 799-7233
Kern County Suicide Hotline.....	(800) 273-8255
Crisis line.....	(800) 991-5272
USA National Suicide Hotline.....	(800) 273-8255
Law Enforcement	911

Equipment and Supplies

Kern Medical Supply, INC.	(661) 393-4877
MEDI-STOP.....	(661) 328-9920
Mercy Plaza Respiratory.....	(661) 324-9411
Pacific Pulmonary Services.....	(661) 861-6160 or (800) 974-6331
Shield (incontinence supplies for Medi-Cal recipients).....	1(800) 655-8842

Food Programs

Catholic Charities.....	(661) 281-2130
Food Stamps (CALWorks).....	(661) 631-6000
Kern County Food Bank.....	(661) 398-4520
Meals On Wheels.....	(661) 868-0973
Senior Nutrition Program.....	(661) 868-1000
Senior Sack Program.....	(661) 324-2767

Health Services

ALS.....	(661) 319-6499
Blood Pressure/Cholesterol/Blood Sugar Screening.....	(661) 861-0852
Bakersfield Vet Center.....	(661) 323-8387
Center for the Blind.....	(661) 322-5234
Kern County Health Department.....	1(877) 818-4787 Or (661) 321-3000
Medi-Cal.....	(760) 549-2006
Multiple Sclerosis.....	(661) 321-9512
National Health Services.....	(661) 392-7880
Veteran's Services.....	(661) 868- 7303

Home Improvement

Community Action Partnership of Kern.....	(661) 336-5236
USDA Rural Assistance.....	(661) 336-0967
Love, INC.....	(661) 325-6838

Housing

Catholic Charities (provides emergency shelter, food, referrals, etc).....	(661) 281-2130
Kern County Housing Authority.....	(661) 631-8500
Senior Information & Assistance.....	(661) 868-1000
Government Low-Income Housing Services	(661) 336-0967

Hospice

Gentiva Hospice.....	1 (866) 691-9868
Hoffman Hospice.....	(661) 716-1600
Odyssey HealthCare of Bakersfield.....	(661) 391-9868
Optimal Hospice.....	(760) 379-5038
Pro-Care.....	(805) 951- 1146
Surplus Home Care	(661) 274-8513

In-Home Care Services

Agape In-Home Care.....	(661) 835-0364
Around the Clock Home Care.....	(661) 324-4277
In-Home Supportive Services (Medi-Cal Only).....	(661) 868-1003
Home Instead.....	(661) 391-3235
Interim Health Care.....	(661) 398-1700

Insurance Programs

HICAP (Health Insurance Counseling & Advocacy Program).....	1(800) 434-0222 or (661) 868-1000
Medi-Cal.....	(661) 631-6807
Medicare.....	(800) 633-4227
Social Security Administration/SSI.....	(800) 772-1213

Legal Services

Greater Bakersfield Legal Assistance.....	(661) 325-5943
Public Guardian	(661) 868-1010
Senior Legal Hotline.....	(800) 222-1752

Respite Care

In-Home Supportive Services (Medi-Cal Only).....	(661) 868-1003
Homemaker program (Bakersfield area only).....	(661) 324-4277
Valley Caregiver Resource Center.....	(800) 541-8614
Senior Services of Indian Wells Valley.....	(760) 375-2352

Senior Centers

Bakersfield Senior Center.....	(661) 325-7205
California City Senior Center.....	(760) 373-1006
Delano Community Center.....	(661) 746-7838
661) 746-7838	
Inyokern Senior Center.....	(760) 477-4800
Lake Isabella Senior Center.....	(760) 379-5831
Ridgecrest Senior Center.....	(760) 375-5438
Rosamond Senior Center.....	(661) 256-1012
Shafter Senior Center.....	(661) 746-7838
Wasco Senior Center.....	(661) 758-2755

Specialized Transportation

Comfort Care Medical Transportation.....	(209) 383-3407
Liberty Ambulance.....	(760) 375-6565 or (760) 376-2271
Valley Medical Transport.....	(661) 873-1460

Transportation

Golden Empire Transit: Get-A-Lift.....	(661) 869-2438
Delano Area Rapid Transit.....	(661) 721-3333
Kern Regional Transit.....	(760) 379-1711
Love, INC.....	(661) 325-6838
RMW Mobility Service.....	(760) 223-2817

Utilities Assistance

CARE (discount energy program).....	(800) 743-5000
Community Action Partnership of Kern (weatherization).....	(661) 336-5236
Catholic Charities.....	(661) 281-2130
HEAP-Home Energy Assistance Program.....	(661) 336-5203
PG&E.....	(800) 743-5000
REACH.....	(661) 837-4243
Southern California Edison.....	1(800) 447-6620
Universal Lifeline Telephone Service (AT&T).....	1-800-310-2355

Web Sites

Administration on Aging.....	www.aoa.gov
California Department of Aging.....	www.aging.ca.gov
California Department of Services and Development.....	www.csd.ca.gov/Programs
Department of Veteran's Affairs.....	www.va.gov
Disability Resources.....	www.disabilityaccessinfo.ca.gov
First Gov for Seniors.....	www.seniors.org
Fraud and Scam Information.....	www.scamnot.org
H.E.L.P. for Seniors.....	www.help4srs.org
Valley Caregiver Resource Center.....	www.valleycrc.org

VCRC serves you in the following counties by way of offices in Fresno and Tehachapi:
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

Important Phone Numbers

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Notes:

*VCRC presents this as a sample listing of various private, public, and non-profit agencies for resource purposes. Inclusion of an agency on this listing does not imply a recommendation or endorsement by VCRC. VCRC accepts no liability for the competence or quality of service provided by the agencies on this list. All information is correct at the time of printing, but is subject to change.

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