



## *Fresno County Senior Guide*

Serving California's Central Valley



1-800-541-8614      (559) 224-9154

E-mail: [info@valleycrc.org](mailto:info@valleycrc.org)      Web Site: [www.valleycrc.org](http://www.valleycrc.org)

### Adult Day Care

- OASIS Adult Day Center..... (559) 221-0396  
5377 N. Fresno Street, Suite 101C, Fresno, CA 93710
- PALS Adult Day Center..... (559) 224-9121  
5377 N. Fresno Street, Suite 101C, Fresno, CA 93710

### Adult Day Health Care

- Adult Day Health Care of Fresno & Clovis..... (559) 227-8600  
5757 N. First St. Fresno, CA 93710
- Heritage West Adult Day Health Care Center, LLC..... (559) 261-1115  
3677 W. Beechwood Avenue, Fresno, CA 93711
- Fresno PACE ..... (559) 400-6420;1(855) 630-7223  
2042 Kern Street Fresno, CA 93721
- Valley Adult Day Health Care Center, Inc.....(559) 454-0386  
1052 C Street, Fresno, CA 93726

### Advocacy

- AARP..... (800) 523-5800
- HICAP (Health Insurance Counseling & Advocacy Program)...1(800)434-0222;(559) 224-9117
- LTC Ombudsman Program..... (559) 224-9177

## Alzheimer's Long-Term Care Facilities

Carmel Village.....	(559) 322-8500
Cedarbrook Memory Care Community.....	(559) 412-2299
Westmont of Fresno.....	(559) 446-1266
Elim Place (Sanger).....	(559) 875-7268
Promenade Care Center.....	(559) 486-4433
Kingston Bay Senior Living.....	(559) 271-1600
Promenade Care Center .....	(559) 477-4466
Orchard Park Assisted Living.....	(559) 325-8400
Paintbrush Assisted Living and Memory Care .....	(559) 275-2000
Palm Village (Reedley).....	(559) 638-6933
San Joaquin Gardens.....	(559) 439-4770
Somerford Place.....	(559) 446-6226
VA Central CA Health Care System (Nursing home for Veterans).....	(559) 225-6100, ext. 5803

## Alzheimer's Services

Alzheimer's Association.....	1(800) 272-0200 or (559) 753-8200
Alzheimer's Foundation of Central California (number disconnected).....	1(800) 272-3900
OASIS-Alzheimer's Day Care Center.....	(559) 221-0396;1(800) 625-3780
Medic Alert/Safe Return (Alzheimer's Association).....	1(888) 572-8566
UCSF Alzheimer & Memory Center.....	(559) 227-4810
Valley Caregiver Resource Center.....	1(800) 541-8614;(559) 224-9154

## Case Management Programs

Linkages (60+).....	1(800) 510-2020 or 600-4405
MSSP (65+ & on Medi-Cal).....	1(800) 510-2020 or 600-4405
To Whom Honor is Due.....	(559) 696-0449

## Counseling

Fresno County Adult Mental Health (serves 18-54) .....	(559) 600-5755
Valley Caregiver Resource Center.....	1(800) 541-8614 or 224-9154

## Disability Programs & Services

Easter Seals Society of Central California.....	(559) 241-7233
Deaf & Hard of Hearing Service Center/Interpreting Services....	(559)225-3382;(559) 225-3323
Allereach Pharmacy.....	(800) 244-2274 or 221-2330
Talking Book Library.....	(559) 600-3217
Valley Center for the Blind.....	(559) 222-4447

## Emergency Hotlines (24 hr)

Adult Protective Services.....	1(800) 418-1426 or 600-3383
Central Valley Suicide Prevention Hotline.....	1(888)506-5991 or (800) 273-8255
Law Enforcement .....	911
Marjaree Mason Center-Domestic Violence.....	(559) 233-HELP (4357)
National Domestic Violence Hotline.....	(800) 799-7233

## Equipment and Supplies

California Telephone Access Program.....	(800) 806-1191
M.A.R.Y. Medical.....	(559) 456-1774
Ray Fisher Pharmacy.....	(559) 437-3800
Respiratory Care Plus.....	(559) 252-0100
Shield Healthcare.....	(800) 765-8775

## Financial Assistance

Social Security Administration.....	(800) 772-1213
Veterans Service Office.....	(559) 600-5436

## Food Programs

Community Food Bank-Commodities.....	(559) 237-3663
Food Stamps (Aged, Blind & Disabled).....	1(855) 832- 8082
Fresno Metro Ministry Hunger/ Nutritional Program.....	(559) 485-1416
Fresno Rescue Mission .....	(559) 268-0839
Home Delivered Meals.....	(559) 600-4405
Multi-Agency Access Program (MAP) (Homeless).....	(559) 512-6777
Poverello House .....	(559) 498-6988
Senior Hot Meals.....	(559) 621-2900 or (559) 621-6619

## Health Services

Dental Hygiene Clinic-Fresno City College.....	(559) 244-2601
Fresno County Behavioral Health Department.....	(559) 253-9180
Fresno County Older Adult Mental Health.....	(559) 600-5755
Fresno-Madera Dental Society.....	(559) 438-7284
Immunizations.....	(559)600-3550
Medical Indigent Services Program (MISP).....	(559) 600-6580
Public Health Nursing.....	(559) 600-3330

## Home Improvement

Fire Prevention (Smoke detector for Fresno City residents).....	(559) 621-4181
Fresno County Community Development.....	(559) 621-8300
Fresno County EOC (weatherization).....	(559) 263-1588
GJ Gardner Homes.....	(559) 400-6899
Habitat for Humanity .....	(559) 237-4102
Home Improvement / Targeted Area Rehabilitation Program.....	(559) 621-8300
ESA, Love INC.....	(559) 224-9599
Senior Paint Program (Fresno City).....	(559) 621-8003
USDA/ Rural Development Housing Service.....	(559) 276-7494
Remodeling for Healthy Aging.....	(559) 447-7011

## Home Health

Avance Home Health .....	(559) 266-8300
Bright Horizon Home Health .....	(559) 443-0303
Compassionate Care Home Health.....	(559) 432-2003
Focus Home Health Fresno .....	(559) 432-2257
Healthcare California Home Health Agency.....	(559) 243-9990
Healthy Living at Home – Fresno, LLC. ....	(559) 369-6473
Healthpoint Home Health .....	(559) 412-7953
InHome Healthcare Service.....	(800) 473-4480
Remedy Home Care.....	(559) 742-7000
Saint Agnes Home Health.....	(559) 450-2112
San Lorenzo Home Health.....	(559) 230-0516
Sequoia Home Health.....	(559) 765-4315
St. Mary’s Home Health.....	(559) 221-9919
Vida Care Home Health.....	(559) 248-0277

## Hospice

Ardent Hospice & Palliative Care Of Fresno.....	(559) 408-5945
AseraCare Hospice .....	(559) 447-2540
Bright Horizons.....	(559) 443-0303
Bristol Hospice.....	(559) 435-9991; (559) 840-2158; (559) 320-4000
Compassionate Care Home Health (Fresno).....	(559)432-2003
Hinds Hospice.....	(559) 226-5683
Promenade Care Center .....	(559) 486-4433
Saint Agnes Hospice.....	(559) 450-5600
Sequoia Home Health.....	(559) 472-3627

## Housing

Fresno County Housing Authority.....	(559) 443-8400
Housing & Urban Development (HUD).....	(415) 489-6400
Multi-Agency Access Program (MAP) (Homeless).....	(559) 512-6777
Allereach Pharmacy .....	(800) 244-2274 or 221-2330
Senior Information & Assistance.....	(800) 510-2020 or (559) 600-4405

## In-Home Care Services

A-Plus Home Care.....	(559) 224-9442
Amdal In-Home Care.....	(559) 686-6611 or (559) 227-1701
Angelicare In-Home Companion Care.....	(559) 453-0151
Around the Clock.....	(559) 320-2400
Auspice Home Care Solutions, LLC.....	(559) 436-4782
Bright Horizon Home Health .....	(559) 443-0303
CareMax Senior Solutions.....	(559) 235-9191
Caring Seniors Services.....	(559) 777-6086
Comfort Keepers.....	(559) 456-8064
Dedicated Care In-Home Services.....	(559) 765-0888
Everlight Care.....	(559) 353-2847
Geriatric In-Home Care.....	(559) 892-0222
Home Instead Senior Care.....	(559) 306-6437
In-Home Supportive Services (Medi-Cal Only).....	(559) 600-6666
Interim Health Care.....	(559) 224-0560
Just Like Home.....	(559) 781-4378
Kaweah Delta Private Home Care.....	(559) 624-6400
Lenity Solutions, LLC.....	(559) 825-2040
Maxim HealthCare Services.....	(559) 224-9078
ResCare Home Care.....	(800) 973-1841
Right At Home.....	(559) 228-8918
Select Home Care.....	(559) 326-2064
Senior Helpers.....	(559) 224-5678
Senior Helpers Central Valley North.....	(559) 363-4545
Sequoia Companion Care.....	(559) 472-3627
Visiting Angels.....	(559) 500-2102
Well-Being Senior Solutions.....	(559) 432-3737

## Insurance Programs

HICAP (Health Insurance Counseling & Advocacy Program).....	(800) 434-0222 or (559) 224-9117
Medi-Cal.....	(559) 600-1377
Medicare.....	(800) 633-4227
Social Security Administration/SSI.....	(800) 772-1213

## Legal Services

Attorney Referral & Information Service.....	(559) 264-0137
California Rural Legal Assistance.....	(559) 441-8721
Central California Legal Services.....	(800) 675-8001 or (559) 570-1200
Centro La Familia.....	(559)237-2961
Fresno County Public Guardian's Office (Conservatorship).....	(559)600-9500

## Miscellaneous

California Department of Aging.....	(916) 419-7500
Eldercare Locator.....	(800) 677-1116
Medical Alert.....	(800) 432-5378
Retired & Senior Volunteer Program (RSVP).....	(559) 237-3101

## Respite Care

In-Home Supportive Services.....	(559) 600-6666
MSSP (65+) / Linkages (18+).....	(800) 510-2020 or 453-4405
Valley Caregiver Resource Center.....	(800) 541-8614 or 224-9154
Veterans Affairs Central California- Respite Care.....	(559) 225-6100 ext. 5240

## Senior Centers

Caruthers Senior Center (Our Savior Lutheran Church).....	(559) 864-3008
Clovis Senior Activity Center.....	(559) 324-2750
Community Medical Transportation.....	(559) 612-0220
Del Rey Senior Center.....	(559) 888-2700
Edwin Blayney Senior Center.....	(559) 834-5486
Eduardo "Lalo" Espinoza Senior Citizen Center (Orange Cove).....	(559) 626-5109
Firebaugh Senior Center.....	(559) 407-8811
Kerman Senior Center.....	(559) 970-1210
Kingsburg Senior Center.....	(559) 897-3013
Manchester Senior Center.....	(559) 248-5786
Mendota Senior Center.....	(559) 655-3330
Nick Medina Senior Center (Selma).....	(559) 891-2239
Reedley Senior Center.....	(559) 637-4207
Sanger Senior Center.....	(559) 875-7606
Sierra Oaks Senior Center.....	(559) 855-3300
Welborn Senior Center (Coalinga).....	(559) 935-5001

## Specialized Transportation

AAA Medical Transportation.....	(559) 432-0604
Acts of Services .....	(559) 412-7686
All American Medical Transportation.....	(559) 442-1813
American Cancer Society /Road to Recovery.....	(800) 227-2345 or 451-0722
Clovis Roundup (curb to curb service).....	(559) 324-2760
Comfort Med Tans (medical transport).....	(559) 227-6862
Fresno Area Express (FAX).....	(559) 621-7433
HB Medical Transportation.....	(559) 917-1756
Senior Taxi Scrip Program.....	(559) 233-4148
Tri County Medical Transportation (Reedley).....	(800)-996-2990 or 637-1851

## Transportation

AT Medical Transportation .....	(559) 230-7360
Clovis Round Up.....	(559) 324-2760
Clovis Stageline.....	(559) 324-2770
Coalinga Transit.....	(559) 935-1533
Fresno Area Express (FAX).....	(559) 621- 7433
Fresno County Rural Transit.....	(800) 325-7433 or (559) 233-6789

## Utilities Assistance

CARE (discount energy program).....	(866) 743-2273
Energy Savings Assistance .....	(800) 989-9744
LIHEAP- Low Income Home Energy Assistance Program.....	(559) 263-1135
Lifeline Telephone Service (AT&T).....	(800)-288-2020
Medical Baseline Program.....	(800) 743-5000
PG&E.....	(800) 743-5000
REACH.....	(800) 933-9677

## Web Sites

Administration on Aging.....	<a href="http://www.aoa.gov">www.aoa.gov</a>
California Department of Aging.....	<a href="http://www.aging.ca.gov">www.aging.ca.gov</a>
California Department of Services and Development.....	<a href="http://www.csd.ca.gov/Programs">www.csd.ca.gov/Programs</a>
CCS (Congress of California Seniors).....	<a href="http://www.seniors.org">www.seniors.org</a>
Department of Veteran's Affairs.....	<a href="http://www.va.gov">www.va.gov</a>
Disability Resources.....	<a href="http://www.dor.ca.gov/DisabilityAccessInfo/">www.dor.ca.gov/DisabilityAccessInfo/</a>
Fraud and Scam Information.....	<a href="http://www.scannot.org">www.scannot.org</a>
Fresno-Madera Area Agency on Aging.....	<a href="http://www.fmaaa.org">www.fmaaa.org</a>
H.E.L.P. for Seniors.....	<a href="http://www.help4srs.org">www.help4srs.org</a>
Valley Caregiver Resource Center.....	<a href="http://www.valleycrc.org">www.valleycrc.org</a>

VCRC serves you in the following counties by way of offices in Fresno and Tehachapi:  
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

## Important Phone Numbers

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Notes:

Senior Guide listings in surrounding counties are also available. For more information, please call Valley Caregiver Resource Center at (559) 224-9154. VCRC presents this as a sample listing of various private, public, and non-profit agencies for resource purposes. Inclusion of an agency on this listing does not imply a recommendation or endorsement by VCRC. VCRC accepts no liability for the competence or quality of service provided by the agencies on this list. All information is correct at the time of printing, but is subject to change.

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