

HICAP Monthly Newsletter

- April Issue 2024



HICAP is here to help Monday - Friday, 8am - 5pm
Give us a call at (559) 224-9117 or 1-800-434-0222

Volunteer Appreciation Luncheon



Linda Simpson, Gyan Shanker, Wayne Clarke, Debra Dowdy

Volunteer Appreciation is the perfect opportunity to express our gratitude for your countless hours of service.

Your support allows us to continue fulfilling our mission and serve beneficiaries in our community every year.

Valley Caregiver Resource Center's HICAP continues to be grateful for your willingness to give, your generosity of time, and your spirit does not go unnoticed. HICAP celebrates you and all that you do. Thank you for your selfless dedication and unwavering commitment to making a difference.

You're truly an inspiration!

Outreach Events

April's outreach events consisted of the *Binational Central Resource Fair, California Senior Medicare Patrol Conference* and *Univision's Festival de los Niños*.





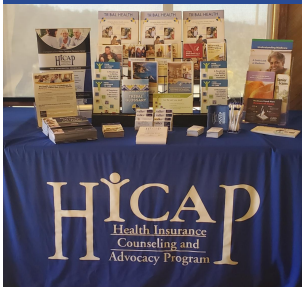


HICAP Social Media



HICAP would like to encourage our beneficiaries to follow us on social media.

Below are **HICAP's** April posts in case you missed them...



Keep up
with us on
our
platforms!





HICAP

Contact us:

(559)-224-9117

Monday - Friday
8AM - 5PM

5363 N. Fresno St.
Fresno, CA 93710

*Free, confidential,
unbiased appointments.*

Consulting for:

- MEDICARE BENEFITS AND RIGHTS
- APPEAL & BILLING PROBLEMS
- MEDICARE SAVINGS PROGRAMS
- PRESCRIPTION DRUG COVERAGE
- LONG TERM CARE POLICY ANALYSIS
- SUPPLEMENTAL HEALTH INSURANCES
- MEDICARE FRAUD AND ABUSE



This project was supported, in part by grant number H5A00026-01, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20205. Grantees undertaking projects under government sponsorship are encouraged to exercise their freedom of action and judgment. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy. HICAP operates with financial assistance and support from the Hispanic Health Care Agency of Aging. This project has received, in part, grant funding from the Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20205. Se ofrece a los beneficiarios que participan en proyectos de asistencia del gobierno o patrocinados, libremente sus opiniones y conclusiones. Por lo tanto, los puntos de vista o opiniones representadas en este documento, representan únicamente la opinión de la Administración de Vida Comunitaria. HICAP opera con asistencia financiera y apoyo de la Agencia de Bienestar de la Vejez de Fresno, California.

For more info:

Visit our Website: @valleycrc.org

Find the latest news and updates on HICAP and Medicare information



The screenshot shows the Valley Caregiver Resource Center website. The header includes the logo, contact information (800.541.8614 | 559.224.9154 • 5363 N. FRESNO ST.), and social media icons. The navigation menu includes About, Caregiver Resources, HICAP, OASIS Adult Day, Ombudsman, Events, Newsletters, Support, and Contact. The main content area is titled "ABOUT: HICAP" and describes the Health Insurance Counseling and Advocacy Program. It states that HICAP can help with Medicare enrollment, coverage options, and appeals. A photo of a man is shown with the text "MEDICARE HELPS" and "CALL 509.224.9154". A "Connect With Us" button is also visible.

Medi-Cal Application Assistance Day

Join us for one of our favorite events

- Every 2nd Wednesday of the month, **Fresno County Department of Social Services** joins us at **Valley Caregiver Resource Center** to assist Seniors and Caregivers about all things **Medi-Cal, Cal Fresh, and CalWORKs**.

APPLYING FOR MEDI-CAL





Telephone and email scammers are pretending to be government employees. They may threaten you and may demand immediate payment to avoid arrest or other legal action. Do not be fooled!

If you receive a suspicious call:

- 1. HANG UP**
- 2. DO NOT GIVE MONEY OR PERSONAL INFORMATION**
- 3. REPORT THE SCAM AT [OIG.SSA.GOV](https://www.oig.ssa.gov)**



What to look out for



The caller says there is a **problem** with your Social Security number or account.



Scammers **pretend** they're from Social Security or another government agency. Caller ID or documents sent by email may look official but **they are not**.



Any call asking you to pay a fine or debt with retail gift cards, wire transfers, pre-paid debit cards, internet currency, or by mailing cash.



Callers threaten you with arrest or other legal action.

Be Alert

Social Security may call you in some situations but will **never**:

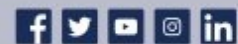
- » Threaten you
- » Suspend your Social Security number
- » Demand immediate payment from you
- » Require payment by cash, gift card, pre-paid debit card, or wire transfer
- » Ask for gift card numbers over the phone or to wire or mail cash



Be Active

Protect yourself, friends, and family!

- » If you receive a questionable call, hang up and report it at [oig.ssa.gov](https://www.oig.ssa.gov)
- » Don't return unknown calls
- » Ask someone you trust for advice before making any large purchase or financial decision
- » Don't be embarrassed to report if you shared personal information or suffered a financial loss
- » Learn more at [oig.ssa.gov/scam](https://www.oig.ssa.gov/scam)
- » Share this information with others



Therapy Patients:



Make sure you aren't being billed for more time than you are actually receiving services.



SMPRESOURCE.ORG



877.808.2468

SUPPORTED BY GRANT # 90MPC0002 FROM ACL

Thank you for all you do Jean, we wish you the happiest of birthdays!
-Your HICAP family



We are always here to help and share our services.

Best Wishes, from the Fresno/Madera HICAP Team

Lorena, Laura, Jean, Jessica, Jessenia, Gyan, Wayne C.,
Linda, and Debra

For program updates and more information, please visit our website:

<https://www.valleycrc.org/hicap>

Contact Information:

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HICAP is a part of the National State Health Insurance Program (SHIP) network and supported by the California Department of Aging.

Supported by:



This project was supported, in part by grant number 90SAPG0094-05, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy. HICAP operates with financial assistance and support from the Fresno-Madera Area Agency on Aging.

Valley Caregiver Resource Center | 5363 N. Fresno Street | Fresno, CA 93710 US

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