

HICAP Monthly Newsletter

HICAP
Health Insurance
Counseling and
Advocacy Program

Free Service to Medicare Beneficiaries

November Issue 2022

Happy Thanksgiving from "your" HICAP



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Health Insurance
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**WISHES YOU A
HAPPY
Thanksgiving!**

"I'm thankful for good health and all the support from my family and colleagues!
-HICAP counselor, Maria Martinez

I'm thankful for my family and thankful for VCRC giving me an opportunity to help our senior community.
-HICAP counselor, Laura Robinson

"I am thankful for my amazing HICAP team, family, and friends."
-Program Manager, Jennifer Webb

"I'm thankful for my family, friends and work family.
-HICAP counselor, Jean Kendrick

MAY YOUR DAY BE FILLED WITH LOVE AND GRATITUDE!



A program of
valley
CAREGIVER
RESOURCE CENTER

It is not too late.... Medicare's Annual Open Enrollment Period is still happening!! Call today to schedule an appointment.
Open enrollment ends on December 7th!!

MEDICARE ANNUAL OPEN ENROLLMENT

(October 15th- December 7th)

HICAP counseling services are provided by counselors registered with the
California Department of Aging.

Counseling is free, confidential and unbiased

Client Testimonials

HICAP has been there for me for years!
They help me understand what my options are for the following year. I don't know how to use a computer and I certainly don't want to pick up all the phone calls from the insurance companies and agents.

I am really grateful for HICAP! I wish more people knew about this service.


★★★★★

-HICAP Client

My husband and I have been HICAP clients for 3 years now. Every year we return for help reviewing our Medicare plans. We are very thankful for the attention to detail that our [counselors] put into helping us.

★★★★★

-E, Rodriguez (HICAP Client)

Call  today and schedule
your appointment for assistance reviewing your
2023 Medicare plan choices!

WWW.VALLEYCRC.ORG



November was *National Native American Heritage Month* and HICAP was honored to present their services at the Fresno American Indian Health Project's WISE support group of Elders. HICAP provided informative packets of tribal literature from the Centers for Medicare and Medicaid Services and answered questions regarding the coordination of Indian Health Services and Medicare.

A huge "thank you" to FAIHP for having us!!



November is Native American Heritage Month

Celebrating the rich histories,
diverse cultures and important
contributions of Native Americans



HICAP offers tribal literature upon request
for tribal community member who are
Medicare beneficiaries.

Contact your local Fresno-Madera HICAP
for assistance with all things Medicare!
Monday- Friday 8 AM- 5 PM
(559) 224-9117



Upcoming December Events

See where HICAP will
be next month:

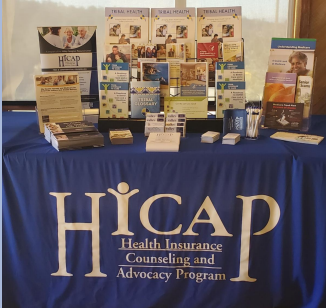
CA Alliance for Retired Americans

When:
Tuesday, 12/06/22
Time: 11am

Reminder that our
office will be closed
for the following
dates:

- Friday,
12/23/22
- Monday,
12/26/22

HICAP would like to encourage our beneficiaries
to follow us on social media. HICAP counselor,
Maria Martinez creates our wonderful HICAP
posts. Below are the ones shared in May in case
you missed them.



If you are interested in scheduling a HICAP presentation please contact us at (559) 224-9117.



Medi-Cal Application Assistance Day - Client Testimonials -



Hosted at:
Valley Caregiver Resource Center
5363 N Fresno Street
Fresno, CA 93710



★★★★★
"I am very grateful to have had the opportunity to meet with an Eligibility Worker in person. I was assisted by very knowledgeable and friendly staff. My family and I are very happy with the service received.
Excellent service!"

- M. Archuleta/HICAP Client



★★★★★
The Eligibility Workers were very knowledgeable. They were fantastic! Having the ability to sit down with Fresno County Eligibility Workers at Valley Caregiver Resource Center really seemed to simplify the process, made it more manageable and really helped to push the process forward.
Without this connection to Medi-Cal, I would have given up on the process.
The moment I was offered this service was a pivotal point and changed things for my family. I'm really grateful VCRC and what you have been able to do for my family!

- VCRC Client



Call **HICAP** today for more information or to schedule an appointment!

Monday- Friday 8AM- 5PM
(559) 224-9117



would like to share the details on this terrific event- available to all Veterans!



Veterans' Smile Day
November 12, 2022

The Fresno Madera Dental Society and its members are pleased to be hosting

Veterans' Smile Day

7055 N Fresno St
Fresno, CA 93720

(Near the north-west corner of N Fresno St and W Herndon)

Saturday November 12, 2022

7:00 AM

First come, first served*

***We will be pre-screening patients as we are able.
You are guaranteed a spot if you have been pre-screened**

We will be providing dental services such as fillings, extractions, and oral health education at no charge to veterans who have served in the U.S. military.

Masks will be required at all times when not in treatment rooms.

Veterans, please provide your DD214 number, US Department of Veterans Affairs ID card or California Driver License with the word "VETERAN" legally printed on the front

**Please contact the
Fresno Madera Dental Society if
You have any questions
559 438-7284**

Please don't wait until the clinic to obtain dental care if your need is urgent. Dental pain can have an accompanying infection and delaying critical dental or medical attention could lead to serious health consequences



Call your local Fresno-Madera HICAP to learn about how VA coverage works with Medicare.
Monday- Friday 8 AM- 5 PM
(559) 224-9117





happy

VETERANS DAY

HONORING ALL WHO SERVED

**NOT SURE IF YOU SHOULD SIGN UP FOR MEDICARE
IF YOU GET VA BENEFITS? HICAP CAN HELP!**



Call HICAP today to learn about how VA coverage works with Medicare
Monday- Friday 8 am- 5pm
(559) 224-9117



Want to help other seniors navigate the complicated world of Medicare?

Become a volunteer today!!

Next Orientation and Training begin January 9, 2023.

Contact HICAP Volunteer Coordinator, Laura Robinson
at (559) 224-9117 ext. 304 or email lrobinson@valleycrc.org
for more information.



Medi-Cal Application Assistance Day

MEDI-CAL APPLICATION ASSISTANCE DAY



Hosted at:
Valley Caregiver Resource Center
5363 N Fresno Street
Fresno, CA 93710

**Assistance by appointment only!
Participants must be fully vaccinated**



During your scheduled appointment, a Fresno County Eligibility Worker may provide assistance with the following:

- General program questions
- Application assistance with:
 - *Medi-Cal
 - *CalFresh
 - *CalWorks
- Ongoing cases
- Understanding letters received

2nd Wednesday
of each Month



Starting
July 13, 2022



**For more information or to
schedule an appointment
please contact HICAP at
(559) 224-9117**



Senior Medicare Patrol:

Annual Shredding Event, Mark your
calendars for this free event.....
Saturday, March 18, 2023 10am- noon



DRIVE THRU SHREDDING EVENT FOR SENIORS & CAREGIVERS

Protect Yourself & Loved Ones From Medicare Fraud & Identity Theft

Together Senior Medicare Patrol and Valley Caregiver Resource Center want to help protect you! Bring documents with personal identifiable information- such as old bank statements, bills, old tax returns, and outdated Medicare documents- to be safely shredded.



THIS IS A FREE EVENT!

Saturday, March 18, 2023

10 AM – 12 PM

Location:

**Valley Caregiver Resource Center Parking Lot
5363 N. Fresno St. Fresno 93710**

For more information, please contact your local SMP at (559) 224-9117

**We ask for all participants to wear a mask and remain in your car.
Staff members will unload your box for you.**

A mobile shred truck will immediately shred your personal documents:

- One banker box per participant (cardboard boxes and/or containers cannot be left)
- No cardboard, binder clips, binders, or electronic media will be accepted
- Residential shredding only (no commercial shredding allowed)
- Truck will be available for 2 hours or until full

HICAP is a program of the Valley Caregiver Resource Center and we would like to invite you to participate in the following fundraising opportunity:

We welcome interested parties to contact Executive



*Valley Caregiver Resource
Center's Annual Golf
Fundraiser coming in
April 2023*

Director, Michelle DiBuduo
to learn more about how
you can volunteer, donate,
or sponsor one of our
upcoming events.

Executive Director: Michelle DiBuduo
Phone: (559)224-9154
Email: mdibuduo@valleycrc.org

We are in need of auction items
and would greatly appreciate your
support!

We are always here to help and share our services!

**Best Wishes, from the
Fresno/Madera HICAP Team** □

**Maria, Laura, Jean, Kaitlyn, Gyan, Wayne C.,
Wayne M., Linda and Jennifer**



**For program updates and more
information, please visit our website:
<https://valleycrc.org/hicap-program/>**

Contact Information: HICAP Program Manager, Jennifer Webb

Phone: (559) 224-9117 or (800) 434-0222

Email: jwebb@valleycrc.org

Address: 5363 N. Fresno St. Fresno, CA. 93710

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Supported by:



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Valley Caregiver Resource Center | 5363 N. Fresno Street, Fresno, CA 93710

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