

HICAP Monthly Newsletter

HICAP
Health Insurance
Counseling and
Advocacy Program

Free Service to Medicare Beneficiaries

August Issue 2022

Have You Scheduled Your Medicare Annual Open Enrollment Appointment With HICAP?



Image above: HICAP Counselor, Jean Kendrick preparing to mail over 3,000 Medicare Annual Open Enrollment reminder cards out to existing HICAP clients.

 **OPEN
ENROLLMENT**

**Medicare's Annual Open Enrollment is
October 15th- December 7th**

- Do you need to review your current coverage for the upcoming year?
- Do you need to make changes to your coverage?
- Want to see if you can find a more affordable plan?

Call your local Fresno - Madera HICAP today to schedule your *free, confidential, and unbiased* appointment before they book up!!

Call (559) 224-9117

Monday - Friday 8am -5pm

This month HICAP Counselor, Maria Martinez presented HICAP services live during an interview with Despierta Valle Central on Televisa Univision. Click the link below to listen to the recording.

Great job Maria!!

DÍA DE ASISTENCIA PARA APLICACIONES DE MEDI-CAL
 Presentado por:
 Valley Caregiver Resource Center
 8383 N Fresno Street
 Fresno, CA 93710

¡Asistencia para personas mayores y cuidadores sólo con cita previa!
 Los participantes deben estar completamente vacunados.

Con tu cita, un trabajador de elegibilidad del condado de Fresno podrá brindarte asistencia

Segundo miércoles de cada mes

¿Preguntas generales del programa?
 Asistencia con la solicitud de:
 *Medicare
 *CaliforCal
 *Complementos
 *Revisión de cartas recibidas

valleycrc.org

559-224-9117
 VALLEY CAREGIVER RESOURCE CENTER

Despierta VALLE CENTRAL 6:31 76°

Upcoming September Events

See where HICAP will be next month:

ALS Golden West Chapter Virtual Support Group: Open Enrollment, Grievances, and How HMO's Work with Medicare

When: Tuesday, 9/13/22
 Time: 1:30pm

SJV Black Expo at Fresno State University: General HICAP Services

When: Saturday, 9/17/22
 Time: 9am- 6pm

Central Valley Community Bank (Virtual): Different Parts of Medicare, Enrollment Periods, Penalties, and More

When: Wednesday, 9/28/22
 Time: 8am- 9:30am

Fresno Silvercrest: Senior Medicare Patrol (SMP) - Medicare Fraud: What you need to know

When: Thursday, 9/29/22
 Time: 10am- 11:30am

HICAP Social Media in June:

HICAP would like to encourage our beneficiaries to follow us on social media. HICAP counselor, Maria Martinez creates our wonderful HICAP posts. Below are the ones shared in May in case you missed them

August is **NATIONAL IMMUNIZATION AWARENESS MONTH**

National Immunization Awareness Month presents an excellent opportunity to educate Medicare beneficiaries on the vaccines covered by Medicare to help prevent disease.

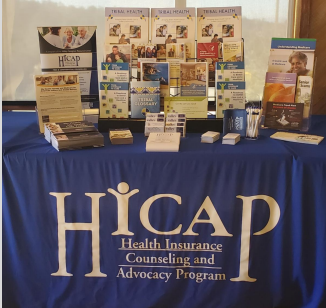
MEDICARE COVERS:

- Pneumococcal Immunization
- Hepatitis B Immunization
- Seasonal Influenza Immunization and many others!

To receive Free, Confidential and Unbiased Medicare counseling contact the Fresno-Madera HICAP

HICAP Monday-Friday 8AM-5PM (559) 224-9117

valley CAREGIVER RESOURCE CENTER



If you are interested in scheduling a HICAP presentation please contact us at (559) 224-9117.



HAPPY INTERNATIONAL Cat Day

Did you know?
Owning a cat can help relieve stress and improve your heart health!



AUGUST IS NATIONAL EYE EXAM MONTH



Call **HICAP** today for information about what Medicare does and does not cover related to vision services and supplies.



Fresno-Madera HICAP
Monday Friday 8AM- 5PM
(559) 224-9117



August 26, 2022

Happy National Dog Day

Owning a dog can help reduce stress, anxiety, depression and even improve your cardiovascular health.



Meet our team's beloved dogs!



Medi-Cal Application Assistance Day

MEDI-CAL APPLICATION ASSISTANCE DAY



Hosted at:
Valley Caregiver Resource Center
5363 N Fresno Street
Fresno, CA 93710

Assistance by appointment only!
Participants must be fully vaccinated

2nd Wednesday
of each Month



During your scheduled appointment, a Fresno County Eligibility Worker may provide assistance with the following:

- General program questions
- Application assistance with:
 - *Medi-Cal
 - *CalFresh
 - *CalWorks
- Ongoing cases
- Understanding letters received



Starting
July 13, 2022



For more information or to schedule an appointment please contact HICAP at (559) 224-9117



Now more people can qualify for Medi-Cal!!
Beginning July 1, 2022, the asset (property) limits for Medi-Cal increased!!!
Asset Limit Beginning July 1st: \$130,000 Single and \$195,000 Couples

Senior Medicare Patrol



Got Medicare? We can help!

Learn about Medicare and how to protect yourself and get the most from your benefits.



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Tue. - 07/05/2022 - 8:17:03 PM SFAD_00213822

Educate yourself about
Medicare and get all your
questions answered.

3 FREE - Upcoming Webinars

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Call us at
1-855-358-4642

- **AUGUST 23, 2022 (10 - 11am)**
Medicare Fraud and How to Protect Your Benefits
Centers for Medicare and Medicaid Services
- **SEPTEMBER 22, 2022 (10 - 11am)**
Understanding the Medicare Hospice Benefits
California Hospice and Palliative Care Association
- **OCTOBER 28, 2022 (10am - 11:30am)**
Medicare 2023 - What the Future Holds
California Health Advocates



This project was supported, in part by grant number 90MPP00019-04-00 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201

HICAP is a program of the Valley Caregiver Resource Center and we would like to invite you to participate in the following fundraising opportunity:



save the date

26TH ANNUAL CELEBRATION OF CARE

OCTOBER 21, 2022

Signature Executive Hanger
6:30pm

PRESENTING SPONSORS: MOSSADAMS SENIOR HELPERS
CENTRAL VALLEY NORTH

OTHER SPONSORSHIPS AVAILABLE

\$10,000

PRESENTING SPONSOR

- Name and logo prominently listed as the Presenting Sponsor on all event collateral and in all media spots
- Two sponsor tables for eight with VIP service and seating
- Special VIP recognition, honor, and gifts for your tables at the dinner
- Name and logo listed on invitation and all KCRC social media sites
- Recognition in the quarterly KCRC Newsletter (circulation of 3,000)
- Full page ad in the event program

\$2,500

EMERALD SPONSOR (ONLY EIGHT AVAILABLE)

- One sponsor table for eight at the event with priority service and seating
- Name and logo on all KCRC social media sites and on our web site
- Recognition in the quarterly KCRC Newsletter (circulation of 3,000)
- 1/4 page ad in the event program

\$5,000

SAPPHIRE SPONSOR (ONLY FOUR AVAILABLE)

- One sponsor table for eight with VIP service and seating
- Name and logo on all KCRC social media sites and on our web site
- Recognition in the quarterly KCRC Newsletter (circulation of 3,000)
- 1/2 page ad in the event program

\$1,000

RUBY SPONSOR

- Four reserved seats
- Name and logo on all KCRC social media sites and on our web site
- Recognition in the quarterly KCRC Newsletter (circulation of 3,000)
- Listed in the event program

FOR MORE INFORMATION, PLEASE CONTACT:

Michelle DiBuduo, Executive Director

559-224-9154 | mdibuduo@valleycrc.org

Valley Caregiver Resource Center is a 501(c)(3) charitable organization. Contact your tax advisor regarding deduction of donations.

We welcome interested parties to contact Executive Director, Michelle DiBuduo to learn more about how you can volunteer, donate, or sponsor one of our upcoming events.

Executive Director: Michelle DiBuduo
Phone: (559)224-9154

Email: mdibuduo@valleycrc.org

We are in need of auction items and would greatly appreciate your support!

We are always here to help and share our services!

**Best Wishes, from the
Fresno/Madera HICAP Team** □

**Maria, Laura, Jean, Gyan, Wayne C.,
Wayne M., and Jennifer**



For program updates and more information, please visit our website:
<https://valleycrc.org/hicap-program/>

Contact Information: HICAP Program Manager, Jennifer Webb

Phone: (559) 224-9117 or (800) 434-0222

Email: jwebb@valleycrc.org

Address: 5363 N. Fresno St. Fresno, CA. 93710

HICAP is a part of the National State Health Insurance Program (SHIP)

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Supported by:



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Valley Caregiver Resource Center | 5363 N. Fresno Street, Fresno, CA 93710

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