



Tulare County Senior Guide
Servicing California's Central Valley

Guía para adultos mayores del condado de Tulare
Sirviendo nuestro Valle Central



1-800-541-8614 (559) 224-9154

E-mail / *Correo electrónico*: info@valleycrc.org

Web Site / *Sitio Web*: www.valleycrc.org

Adult Day Care / Centro de día para adultos mayores

Valley Adult Day Services.....(559) 783-9815
227 E Oak Avenue, Porterville, CA 93257

Advocacy / Abogacía

AARP.....1(888) 687-2277
HICAP (Health Insurance Counseling & Advocacy Prog.)....1(800) 434-0222 or (559)713-2875
Tulare Area Agency on Aging (KTAAA).....1(800) 321-2462
CSET1(800) 321-2462 or (559)732-4194
LTC Ombudsman Program.....1(800) 293-9714 or (559)852-2828

Alzheimer's Services / Servicios para adultos con Alzheimer

Alzheimer's Association.....1(800) 272-3900 or (559) 753-8200
Medic Alert.....1(888) 572-8566
UCSF Alzheimer's & Memory Center.....(559) 227-4810
Valley Caregiver Resource Center.....1(800) 541-8614 or (559)224-9154

Case Management Program / Programas de asistencia social

MSSP (65+).....1(800) 434-0222 or (559) 623-0199

Counseling / Asesoramiento

Kings View Mental Health.....	(559) 687-0929
Central California Family Crisis Center.....	(559) 784-0192
Central Valley Regional Center.....	(559) 738-2200
Family Service of Tulare County.....	(559) 741-7310
Visalia Adult Integrated Clinic.....	(559) 623-0900
Valley Caregiver Resource Center.....	1(800) 541-8614 or (559) 224-9154
District Attorney's County Offices	
South County Office	(559) 782-9617
North County Office.....	(559) 636-5494
Visalia Parenting Network.....	(559) 625-0384

Disability Programs & Services / Programas y servicios de discapacidad

Central Valley Regional Center (CVRC).....	(559) 276-4300
Deaf & Hard of Hearing Service Center/Interpreting Services... (559) 225-3382 or (559) 225-3323	
Resources for Independence Central Valley (RICV).....	(559) 221-2330
Valley Center for the Blind.....	(559) 222-4447

Emergency Hotlines (24 hour) / Líneas directas de emergencia (24 h)

Adult Protective Services.....	(877) 657-3092 or (559) 623-0651
Law Enforcement	911
National Domestic Violence Hotline.....	1(800) 799-7233
National Suicide Prevention Lifeline.....	988 or 1(800) 273-8255
En Español.....	1(800) 628-9454
Tulare County Crisis & Information Line.....	1(800) 320-1616

Equipment and Supplies / Equipos médicos duraderos y suministros

California Telephone Access Program.....	1(800) 806-1191
Shields Healthcare.....	1(800) 675-8842

Financial Assistance / Asistencia financiera

Social Security Administration.....	1(800) 772-1213
Tulare County Health & Human Services.....	(559) 624-8000
Tulare County Veterans Service Office.....	(559) 713-2880

Food Programs / Programas alimentarios

Cal Fresh.....	1(877) 847-3663
Food Link for Tulare County.....	(559) 592-0017
Tulare Works, Tulare's District Office.....	(559) 685-2100
Senior Meal /Nutrition Program.....	1(800) 321-2462 or (559) 623-0199
Tulare Senior Community Center	(559) 685-2330

Home Health / Salud en el hogar

Adventist Health Home Care Services & Hospice Services.....	(559) 537-2860
Compassionate Care.....	(559) 432-2003 Ext.1
Healthy Living At Home.....	(559) 369-6473
RxWound (Wound Care).....	(559) 510-1044
San Lorenzo Home Health (Visalia only).....	(559) 230-0516
Vida Care Home Health.....	(559) 248-0277

Hospice / Hospicio

Adventist Health Home Care & Hospice Services.....	(559) 537-2860
American Care Hospice	(559) 409-2665
Ardent Hospice And Palliative Care.....	(559)408-5945 or (661) 244-8126
AseraCare Hospice.....	(559) 447-2540
Bright Horizons.....	(559) 443-0303
Bristol Hospice (Visalia).....	(559) 741-7220
Compassionate Care.....	(559) 432-2003 Ext.1
Gentiva Hospice.....	(559) 685-9218
Infinite Heart Hospice.....	(559) 409-7500
Kaweah Delta (Health) Hospice	(559) 733-0642
Seva Hospice.....	(559) 625-1043
Visiting Angels.....	(559) 562-1161

Housing / Servicios de limpieza

Housing Authority of Tulare County.....	(559) 627-3700
Senior Information and Assistance Services	(559) 732-4194

In-Home Care Services / Servicios de asistencia a domicilio

AccentCare of California, Inc.....	(559) 818-0872
Amdal In-Home Care (Tulare).....	(559) 686-6611
Auspice In-Home Care and Transportation Services.....	(559) 436-4782
California Home Care, LLC.....	(559) 205-0310
Caregiver To You.....	(800) 869-4373
CareMax Senior Solutions.....	(559) 235-9191
Guardian Angels In Home Care.....	(559) 784-6655
In-Home Supportive Services.....	(559) 623-0600
Just Like Home.....	(559) 781-4378
Kaweah Delta Private Home Care.....	(559) 733-0642
Lenity Solutions.....	(559) 824-2040
Maxim Healthcare Services, Inc.....	(559) 227-2250
Senior Helpers.....	(559) 224-5678
Visiting Angels (Lindsay/Tulare).....	(559) 562-1161

Insurance Programs / Programas de seguros

HICAP (Health Insurance Counseling & Advocacy Prog.)....	1(800) 434-0222 or (559)723-2875
Medi-Cal.....	1(800) 540-6880
Medicare.....	1(800) 633-4227
Social Security Administration/SSI.....	1(800) 772-1213

Legal Services / Servicios legales

CA Rural Legal Assistance.....	(559) 441-8721
Central California Legal Services.....	1(800) 675-8001
Tulare County District Attorney.....	(559) 636-5494
Family Services Tulare County.....	(559) 741-7310
Tulare County Family Court.....	(559) 730-5000
CSET.....	(559) 732-4194
Public Guardian (Conservatorship).....	(559) 623-0650 or (559) 737-5500
Valley Caregiver Resource Center.....	1(800) 541-8614 or (559) 224-9154

Respite Care / Asistencia de relevo

24-Hour Home Care (Medi-Cal Program).....	(866) 311-6265
In-Home Supportive Services.....	1(800) 571-9555 or (559) 623-0600
Love INC.....	(559) 733-8870
MSSP (65+) / Linkages (18+).....	1(800) 434-0222 or (559) 623-0199
Valley Caregiver Resource Center.....	1(800) 541-8614 or (559) 224-9154
Veterans Respite Care.....	(559) 225-6100 Ext. 5240

Senior Centers / Centros para adultos mayores

Dinuba Senior Center.....	(559) 591-2450
Exeter Senior Center.....	(559) 592-5960
Executive Director Robert.....	(559) 730-1267
Farmersville Senior Center.....	(559) 594-4300
CSET Senior Services.....	(559) 732-4194
Tulare Senior Center.....	(559) 685-2330
Visalia Parks and Recreation Senior Center.....	(559) 713-4481

Specialized Transportation / Transporte especializado

Tri County Medical Transportation.....	(559) 637-1851
Valley Medical Transportation.....	(559) 385-4702

Transportation / Transporte

Abbey Medical Transportation.....	(559) 594-4716
All Family Transport (non-emergency).....	(559) 836-0682
Tulare Regional Transit Agency.....	1(800) 431-9711
Dial-a-Ride:	
Porterville	(559) 781-8104
Visalia.....	(559) 713-4750
Kings County Government Center.....	(559) 582-3211 Ext. 2828
Tulare County Area Transit (TCAT).....	1(800) 431-9711

Utilities Assistance / Asistencia para servicios públicos

Southern California Edison Energy Efficiency Department	1(800) 736-4777
Southern California Edison.....	1(800) 447-6620
Southern California Gas Company.....	1(800) 238-0092
Universal Lifeline Telephone Services (AT&T).....	1(800) 288-2020

Veterans Services / Servicios para veteranos

Tulare County Veterans Services Office.....	(559) 713-2880
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Miscellaneous / Miscelánea

California Department of Aging.....	1(800) 321-2462
Eldercare Locator.....	1(800) 677-1116
Medical Alert.....	1(800) 432-5378
Tulare County Veterans Services.....	(559) 713-2880
Tulare Area Agency on Aging.....	1(800) 321-2462
Senior Information and Assistance.....	(559)732-4194
United Way Resource Hotline.....	211

Web Sites / Sitio web

Administration on Aging.....	www.acc.gov
California Department of Aging.....	www.aging.ca.gov
California Department of Services and Development.....	www.csd.ca.gov/Programs
Department of Veteran's Affairs.....	www.va.gov
H.E.L.P. for Seniors.....	www.help4srs.org
Kings Community Action Organization.....	www.kcao.org
Kings/Tulare Area Agency on Aging.....	www.ktaaa.org
Valley Caregiver Resource Center.....	www.valleycrc.org

VCRC serves you in the following counties by way of offices in Fresno, Bakersfield, and Modesto:
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

*VCRC le atiende en los siguientes condados a través de sus oficinas en Fresno, Bakersfield y Modesto:
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare*

Important Phone Numbers

Números de teléfono importantes

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_____	_____
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Notes:

Senior Guide listings in surrounding counties are also available. For more information, please call Valley Caregiver Resource Center at (559) 224-9154. VCRC presents this as a sample listing of various private, public, and non-profit agencies for resource purposes. Inclusion of an agency on this listing does not imply a recommendation or endorsement by VCRC. VCRC accepts no liability for the competence or quality of service provided by the agencies on this list. All information is correct at the time of printing, but is subject to change.

Guía para adultos mayores listados en los condados circundantes también están disponibles. Para más información, por favor llame al Valley Caregiver Resource Center al (559) 224- 9154. VCRC presenta esto como un listado de muestra de varias agencias privadas, públicas y sin fines de lucro para propósitos de recursos. La inclusión de una agencia en este listado no implica una recomendación o respaldo por parte de VCRC. VCRC no acepta ninguna responsabilidad por la competencia o la calidad del servicio prestado por las agencias de esta lista. Toda la información es correcta en el momento de su impresión, pero está sujeta a cambios.