



## *Fresno County Senior Guide*

Serving California's Central Valley



1-800-541-8614 (559) 224-9154

E-mail: [info@valleycrc.org](mailto:info@valleycrc.org) Web Site: [www.valleycrc.org](http://www.valleycrc.org)

### Adult Day Care

OASIS Adult Day Center.....(559) 224-9121  
5377 N. Fresno Street, Suite 101C, Fresno, CA 93710

### Adult Day Health Care

Adult Day Health Care of Fresno & Clovis .....(559) 227-8600  
5757 N. First St. Fresno, CA 93710  
Heritage Adult Day Health Care .....(559) 222-0304  
2020 N Weber Ave. #123. Fresno, CA 93705  
Heritage West Adult Day Health Care Center, LLC..... (559) 261-1115  
3677 W. Beechwood Avenue, Fresno, CA 93711  
Fresno PACE ..... (559) 400-6420 or (855) 630-7223  
2042 Kern Street Fresno, CA 93721  
WelbeHealth PACE .....(888) 530-4415  
1649 Van Ness Avenue, Fresno, CA 93721  
Valley Adult Day Health Care Center, Inc ..... (559) 454-0386  
1052 C Street, Fresno, CA 93726  
The Fresno Center - Adult Day Health Care Center.....(559) 319-1644 or (559)470-8395  
4855 E. Kings Canyon Rd., Fresno, CA 93727

### Advocacy

AARP .....(800) 523-5800  
HICAP (Health Insurance Counseling & Advocacy Program)..... (800) 434-0222 or (559) 224-9117  
LGBTQ+ Resource Center (Fresno EOC).....(559) 325-4527  
LTC Ombudsman Program.....(559) 224-9177  
The Fresno Center .....(559) 255-8395

## Alzheimer's Long-Term Care Facilities

Carmel Village .....	(559) 322-8500
Cedarbrook Memory Care Community .....	(559) 412-2299
Westmont of Fresno .....	(559) 446-1266
Elim Place (Sanger).....	(559) 875-7268
Promenade Care Center.....	(559) 486-4433
Kingston Bay Senior Living.....	(559) 271-1600
Oakmont of Fresno Assisted Living and Memory Care .....	(559) 477-4466
Orchard Park Assisted Living .....	(559) 325-8400
Paintbrush Assisted Living and Memory Care .....	(559) 275-2000
Palm Village (Reedley) .....	(559) 638-6933
San Joaquin Gardens... ..	(559) 439-4770
Somerford Place .....	(559) 446-6226
VA Central CA Health Care System (Nursing home for Veterans).....	(559) 225-6100, ext. 5803

## Alzheimer's Services

Alzheimer's Association .....	(800) 272-3900 or (559) 753-8200
OASIS-Alzheimer's Day Care Center.....	(559) 221-0396 or (800) 625-3780
Medic Alert/Safe Return (Alzheimer's Association).....	(888) 572-8566
UCSF Alzheimer & Memory Center .....	(559) 227-4810
Valley Caregiver Resource Center.....	(800) 541-8614 or (559) 224-9154

## Case Management Programs

Fresno-Madera Agency on Aging Linkages (60+) .....	(559) 600-4405 or (559) 214-0299
Fresno-Madera Agency on Aging MSSP (65+ & on Medi-Cal)..	(559) 600-4405 or (559) 214-0299
LGBTQ+ Resource Center (Fresno EOC).....	(559) 325-4527
To Whom Honor is Due .....	(559) 696-0449
The Fresno Center .....	(559) 255-8395

## Counseling

Fresno County Adult Mental Health (serves18-54) .....	(559) 600-5755
Fresno Spectrum Center (LGBTQ+).....	(559) 319-8471
Valley Caregiver Resource Center.....	(800) 541-8614 or 224-9154
The Fresno Center .....	(559) 255-8395

## Disability Programs & Services

Easter Seals Society of Central California.....	(559) 241-7233
Deaf & Hard of Hearing Service Center/Interpreting Services...	(559) 225-3382 or (559) 225-3323
AlleReach Pharmacy.....	(800) 244-2274 or 221-2330
Talking Book Library .....	(559) 600-3217
Valley Center for the Blind.....	(559) 222-4447
Central Valley Regional Center (CVRC).....	(559) 276-4300
Resources for Independence Central Valley (RICV).....	(559) 221-2330

## Emergency Hotlines (24 hr)

Adult Protective Services.....	(800) 418-1426 or 600-3383
Central Valley Suicide Prevention Hotline.....	(888)506-5991 or (800) 273-8255
Law Enforcement.....	911
Marjaree Mason Center-Domestic Violence.....	(559) 233-HELP (4357)
National Domestic Violence Hotline .....	(800) 799-7233
National Suicide Prevention Hotline.....	988

## Equipment and Supplies

Allereach Pharmacy .....	(800) 244-2274 or 221-2330
California Telephone Access Program.....	(800) 806-1191
M.A.R.Y. Medical.....	(559) 456-1774
Ray Fisher Pharmacy .....	(559) 437-3800
Respiratory Care Plus.....	(559) 252-0100
Shield Healthcare .....	(800) 765-8775
MedSupply .....	(559) 292-1540
The Bone Store.....	(559) 226-7500

## Financial Assistance

Social Security Administration.....	(800) 772-1213
Veterans Service Office .....	(559) 600-5436
United Way 211 (Resource Hotline).....	211

## Food Programs

Community Food Bank-Commodities .....	(559) 237-3663
Food Stamps (Aged, Blind & Disabled) .....	(855) 832- 8082
Fresno Metro Ministry Hunger/ Nutritional Program.....	(559) 485-1416
Fresno Rescue Mission.....	(559) 268-0839

## Food Programs (*continued*)

Fresno-Madera Agency on Aging Home Delivered Meals.....	(559) 600-4405 or (559) 214-0299
Multi-Agency Access Program (MAP) (Homeless) .....	(559) 512-6777
Poverello House .....	(559) 498-6988
Senior Hot Meals.....	(559) 621-2900 or (559) 621-6619
The Fresno Center.....	(559) 255-8395
United Way 211 (Resource Hotline).....	211

## Health Services

Dental Hygiene Clinic-Fresno City College .....	(559) 244-2601
Fresno County Behavioral Health Department.....	(559) 253-9180
Fresno County Older Adult Mental Health.....	(559) 600-5755
Fresno-Madera Dental Society.....	(559) 438-7284
Immunizations.....	(559) 600-3550
Medical Indigent Services Program (MISP).....	(559) 600-6580
Public Health Nursing.....	(559) 600-3330
United Way 211 (Resource Hotline).....	211

## Home Improvement

ESA, Love INC.....	(559) 224-9599
Fire Prevention (Smoke detector for Fresno City residents).....	(559) 621-4181
Fresno County Community Development .....	(559) 621-8300
Fresno County EOC (weatherization).....	(559) 263-1588
Habitat for Humanity .....	(559) 237-4102
Home Improvement / Targeted Area Rehabilitation Program.....	(559) 621-8300
LGBTQ+ Resource Center (Fresno EOC).....	(559) 325-4527
Remodeling for Healthy Aging.....	(559) 447-7011
Senior Paint Program (Fresno City).....	(559) 621-8003
USDA/ Rural Development Housing Service.....	(559) 276-7494

## Home Health

Avance Home Health .....	(559) 266-8300
Assured Nursing Solutions (Private RN Care).....	(559) 283-5522
Athena Hospice & Home Health.....	(559) 446-0900
California Home Health .....	(559) 432-8700
Compassionate Care Home Health .....	(559) 432-2003

## Home Health (*continued*)

Focus Home Health Fresno .....	(559) 432-2257
Healthcare California Home Health Agency .....	(559) 243-9990
Healthy Living at Home – Fresno, LLC .....	(559) 369-6473
Healthpoint Home Health .....	(559) 412-7953
InHome Healthcare Service .....	(800) 473-4480
Lenity Home Health .....	(559) 742-8005
Saint Agnes Home Health .....	(559) 450-5112
San Lorenzo Home Health .....	(559) 230-0516
Sequoia Home Health.....	(559) 765-4315
St. Mary’s Home Health & Hospice .....	(559) 221-9919
Vida Care Home Health .....	(559) 248-0277

## Hospice

American Care.....	(559) 409-2665
Ardent Hospice & Palliative Care Of Fresno.....	(559) 408-5945
AseraCare Hospice.....	(559) 447-2540
Athena Hospice & Home Health.....	(559) 446-0900
Bright Horizons .....	(559) 443-0303
Bristol Hospice.....	(559) 435-9991; (559) 840-2158; (559) 320-4000
Compassionate Care Home Health .....	(559)432-2003
Hinds Hospice .....	(559) 317-6010
Hospice of the Valley.....	(559) 227-7202
Infinite Heart Hospice.....	(559) 409-7500
Lenity Hospice... ..	(559) 825-0606
Oyuna Hospice Inc .....	(559) 374-2726
Saint Agnes Hospice .....	(559) 450-5600
Sequoia Home Health.....	(559) 472-3627
St. Mary’s Home Health & Hospice .....	(559) 222-1291

## Housekeeping Services

Alicia’s Housekeeping.....	(559) 681-9514
Merry Maids of Fresno.....	(559) 366-4033
Molly Maid of Fresno.....	(559) 742-4610
Peak Cleaning .....	(559) 421-5957
The Cleaning Authority.....	(559) 565-5110

## Housing

Fresno County Housing Authority .....	(559) 443-8400
Fresno-Madera Agency on Aging Senior Information & Assistance..	(559) 600-4405 or (559) 214-0299
Housing & Urban Development (HUD) .....	(415) 489-6400
LGBTQ+ Resource Center (Fresno EOC).....	(559) 325-4527
Multi-Agency Access Program (MAP) (Homeless) .....	(559) 512-6777
Allereach Pharmacy .....	(800) 244-2274 or 221-2330
United Way 211 (Resource Hotline).....	211

## In-Home Care Services

A Better Solution In Home Care.....	(559) 422-0036
A Touch of Angels HomeCare .....	(949) 798-5564
A-Plus Home Care .....	(559) 224-9442
All Ways Caring HomeCare .....	(559) 324-1470
Amdal In-Home Care.....	(559) 686-6611 or (559) 227-1701
Angelicare In-Home Companion Care.....	(559) 453-0151
Armstrong 24/7 in-Home Care.....	(559) 895-2966
Around the Clock... ..	(559) 320-2400
Auspice Home Care Solutions, LLC.....	(559) 436-4782
Bright Horizon Home Health .....	(559) 443-0303
CareMax Senior Solutions .....	(559) 235-9191
Caring Seniors Services .....	(559) 777-6086
Comfort Keepers .....	(559) 456-8064
ComForCare Home Care.....	(559) 777-5855 or (888) 214-1711
Dedicated Care In-Home Services... ..	(559) 765-0888
Everlight Care .....	(559) 353-2847
Geriatric In-Home Care.....	(559) 892-0222
Home Instead Senior Care.....	(559) 243-1224
In-Home Supportive Services (Medi-Cal Only) .....	(559) 600-6666
Interim Health Care... ..	(559) 224-0560
Just Like Home .....	(559) 781-4378
Kaweah Delta Private Home Care .....	(559) 624-6400
Lenity Solutions .....	(559) 825-2040
Maxim HealthCare Services.....	(559) 224-9078
Right At Home .....	(559) 228-8918
Select Home Care.....	(559) 326-2064
Sequoia Companion Care.....	(559) 472-3627
Valley Home Care .....	(559) 222-0344
Visiting Angels.....	(559) 500-2102
Well-Being Senior Solutions.....	(559) 432-3737

## Insurance Programs

HICAP (Health Insurance Counseling & Advocacy Program)	(800) 434-0222 or (559) 224-9117
Medi-Cal	(559) 600-1377
Medicare	(800) 633-4227
Social Security Administration/SSI	(800) 772-1213

## Legal Services

Attorney Referral & Information Service	(559) 264-0137
California Rural Legal Assistance	(559) 441-8721
Central California Legal Services	(800) 675-8001 or (559) 570-1200
Centro La Familia	(559) 237-2961
Fresno County Public Guardian's Office (Conservatorship)	(559) 600-9500

## Miscellaneous

California Department of Aging	(916) 419-7500
Eldercare Locator	(800) 677-1116
Medical Alert	(800) 432-5378
Retired & Senior Volunteer Program (RSVP)	(559) 237-3101
United Way 211 (Resource Hotline)	211

## Respite Care

In-Home Supportive Services	(559) 600-6666
MSSP (65+) / Linkages (18+)	(800) 510-2020 or 453-4405
Valley Caregiver Resource Center	(800) 541-8614 or 224-9154
Veterans Affairs Central California- Respite Care	(559) 225-6100 ext. 5240

## Senior Centers

Clovis Senior Activity Center	(559) 324-2750
Community Medical Transportation	(559) 612-0220
Edwin Blayney Senior Center	(559) 834-5486
Eduardo "Lalo" Espinoza Senior Citizen Center (Orange Cove)	(559) 626-5109
Firebaugh Senior Center	(559) 407-8811
Kerman Senior Center	(559) 846-9329 or (559) 970-1210
Kingsburg Senior Center	(559) 897-3013
Nick Medina Senior Center (Selma)	(559) 891-2239

## Senior Centers (*continued*)

Reedley Senior Center.....	(559) 637-4207
Sanger Senior Center.....	(559) 875-7606
Sierra Oaks Senior Center .....	(559) 855-3300
Wellborn Senior Center (Coalinga) .....	(559) 935-5001

## Specialized Transportation

AAA Medical Transportation... ..	(559) 432-0604
Acts of Services.....	(559) 412-7686
All American Medical Transportation... ..	(559) 324-1038
American Cancer Society /Road to Recovery.....	(800) 227-2345 or 451-0722
Clovis Roundup (curb to curb service)... ..	(559) 324-2760
Comfort Med Tans (medical transport).....	(559) 227-6862
Community Medical Transport.....	(559) 612-0220
HB Medical Transportation.....	(559) 917-1756
Senior Taxi Scrip Program... ..	(559) 233-4148
Tri County Medical Transportation (Reedley).....	(800) 996-2990 or 637-1851

## Transportation

AT Medical Transportation.....	(559) 230-7360
Clovis Round Up.....	(559) 324-2760
Clovis Stageline.....	(559) 324-2770
Coalinga Transit.....	(559) 935-1533
Fresno Area Express (FAX).....	(559) 621- 7433
Fresno County Rural Transit.....	(800) 325-7433 or (559) 233-6789
Inspiration Transportation.....	(800) 425-1524
Fresno EOC Transit.....	(559) 263-8080

## Utilities Assistance

CARE (discount energy program) .....	(866) 743-2273
Energy Savings Assistance.....	(800) 989-9744
LIHEAP- Low Income Home Energy Assistance Program.....	(559) 263-1135
Lifeline Telephone Service (AT&T).....	(800)-288-2020
Medical Baseline Program .....	(800) 743-5000
PG&E... ..	(800) 743-5000
REACH .....	(800) 933-9677
United Way 211 (Resource Hotline).....	211



## Web Sites

United Way 211 (Resource Hotline).....	www.211.org
Administration on Aging.....	<a href="http://www.aoa.gov">www.aoa.gov</a>
California Department of Aging.....	www.aging.ca.gov
California Department of Services and Development.....	www.csd.ca.gov/Programs
CCS (Congress of California Seniors). ....	www.seniors.org
Care.com.....	www.care.com
Department of Veteran’s Affairs... ..	www.va.gov
Disability Resources.....	www.dor.ca.gov/DisabilityAccessInfo/
Fraud and Scam Information... ..	www.scannot.org
Fresno-Madera Area Agency on Aging... ..	www.fmaaa.org
H.E.L.P. for Seniors.....	www.help4srs.org
LGBTQ+ Resource Center (Fresno EOC).....	www.fresnoec.org/lgbtq
Valley Caregiver Resource Center.....	www.valleycrc.org
The Fresno Center.....	www.fresnocenterorg

VCRC serves you in the following counties by way of offices in Fresno and Tehachapi:  
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

## Important Phone Numbers

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Notes:

Senior Guide listings in surrounding counties are also available. For more information, please call Valley Caregiver Resource Center at (559) 224- 9154. VCRC presents this as a sample listing of various private, public, and non-profit agencies for resource purposes. Inclusion of an agency on this listing does not imply a recommendation or endorsement by VCRC. VCRC accepts no liability for the competence or quality of service provided by the agencies on this list. All information is correct at the time of printing, but is subject to change.