

HICAP Monthly Newsletter



February Issue

Upcoming March Events

See where HICAP will be next month:

- **Deaf and Hard of Hearing Center:**
Friday, March 4th @ 10am
- **Valley Caregiver Resource Center's Virtual Class: Fraud- What to know**
Wednesday, March 9th @ 2pm
- **Senior Medicare Patrol Shredding Event at VCRC:**
Saturday, March 12th / 10am - 12pm
- **Maxie L. Parks Community Center Resource Fair:**
Tuesday, March 15th / 9am- 1pm
- **Central Valley Immigrant Integration Collaborative Facebook Live**
Wednesday, March 16th @ 4pm
- **Fresno Pacific University Student Resource Fair**
Tuesday, March 29th /12:30pm - 2pm

HICAP Innovation

Medicare's Smartphone App:
"What's Covered"



HICAP would like to raise awareness of just how important February is for our Medicare beneficiaries

Although February is commonly associated with hearts for its popular Valentine's Day, HICAP also recognizes *American Heart Month and Black History Month*. Together the two provide a perfect reminder of the risks of heart disease and that it is one of the leading causes of death in the United States suffered by Black Americans. While heart disease includes several major conditions, coronary heart disease (CHD) is the most common heart condition and is very prevalent among Americans 65 and older. If you or a loved one are a Medicare beneficiary here's something important you should know:

- Medicare covers a cardiovascular disease screening every 5 years at no cost to you.
- If you've had a heart condition, like a heart attack or heart transplant, Medicare covers cardiac rehabilitation programs that include exercise, education, and counseling.



So don't forget to show your heart some love and take action towards ending Heart Disease. If you are a Medicare beneficiary and would like to learn more about your coverage options please give HICAP a call!

Monday – Friday, 8am – 4pm
(559) 224-9117

Visit your App Store to download:



Senior Medicare Patrol: Free Shredding Event Coming Soon!!



DRIVE THRU SHREDDING EVENT FOR SENIORS & CAREGIVERS

Protect Yourself & Loved Ones From Medicare Fraud & Identity Theft

Together Senior Medicare Patrol and Valley Caregiver Resource Center want to help protect you! Bring documents with personal identifiable information- such as old bank statements, bills, old tax returns, and outdated Medicare documents- to be safely shredded.



THIS IS A FREE EVENT!
Saturday, March 12, 2022
10 AM – 12 PM

Location:
Valley Caregiver Resource Center Parking Lot
5363 N. Fresno St. Fresno 93710

We ask for all participants to wear a mask and remain in your car.
Staff members will unload your box for you.

A mobile shred truck will immediately shred your personal documents:

- One banker box per participant (cardboard boxes and/or containers cannot be left)
- No cardboard, binder clips, binders, or electronic media will be accepted
- Residential shredding only (no commercial shredding allowed)
- Truck will be available for 2 hours or until full

Medicare Information:

Litigation Win Preserves the Appeals Rights of Medicare Beneficiaries Nationwide

A federal appeals court ruled that a class of

Medicare patients are entitled to an appeal process at Centers for Medicare and Medicaid Services (CMS) when their hospital stay classifications are changed from “inpatient” to “observation status.” “Observation status” classifications can lead to devastating financial consequences when a



patient later needs skilled nursing care because Medicare doesn’t cover such care unless a person was classified as an “inpatient” for at least three days. Many plaintiffs lost their life savings paying for needed nursing care after leaving the hospital, or went home to unsafe situations because they couldn’t afford it.

This is such a common problem for Medicare enrollees, that you may even know someone who has experienced it. Call HICAP to see how one of our registered counselors may help!

We are open Monday - Friday 8am - 5pm from 8am-5pm.
(559) 224-9117



HICAP is a program of the Valley Caregiver Resource Center and we would like to invite you to participate in following fundraising opportunity:

We welcome interested parties to contact Executive Director, Michelle DiBuduo to learn more about how you can volunteer, donate, or sponsor one of our upcoming events:

Executive Director: Michelle DiBuduo

Phone: (559)224-9154

Email:

mdibuduo@valleycrc.org

We are always here to help and share our services!
**Best Wishes, from the
Fresno/Madera HICAP Team** □

**Maria, Laura, Dinora, Jean, Gyan, Wayne C.,
Wayne M., Linda, and Jennifer**



**For program updates and more
information, please visit our website:
<https://valleycrc.org/hicap-program/>**

Contact Information: HICAP Program Manager, Jennifer Webb

Phone: (559) 224-9117 or (800) 434-0222

Email: jwebb@valleycrc.org

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