

HICAP MONTHLY NEWSLETTER

August
Issue
2024

A program of
valley
CAREGIVER
RESOURCE CENTER

HICAP

Health Insurance
Counseling and
Advocacy Program

HICAP is here to help!

Monday-Friday
8am to 5pm

Give us a call at
(559) 224-9117 or 1-800-434-0222



SMP

Senior Medicare Patrol

Preventing Medicare Fraud

Your **HICAP** Counselors serve as your local State Health Insurance Program and Senior Medicare Patrol! Contact us for all things related to Medicare, including Medicare fraud prevention, detection, and reporting!

Open Enrollment is
**October 15–
December 7, 2024**

Medicare Open Enrollment is right around the corner and it's time to make sure you're getting the best coverage for your needs.

Our team is here to help guide you through the process and find a plan that works for you. Don't miss out on this opportunity to get the assistance you deserve.

**OPEN
ENROLLMENT**



CONTACT US

**Free, confidential,
unbiased
appointments.**

Book your appointment today!

**(559) 224-9117
(800) 434-0222**



Medicare Beneficiaries Need Help Paying for Your Prescriptions?



Call HICAP!
The Health
Insurance
Counseling and
Advocacy Program



Eligibility Criteria

- Individuals age 65 or older on Medicare
- Individuals younger than 65 with a disability and on Medicare

- You may qualify for **Extra Help** with your Part D Premiums and Co-Pays
- To qualify you must be a Medicare Beneficiary or close to becoming eligible

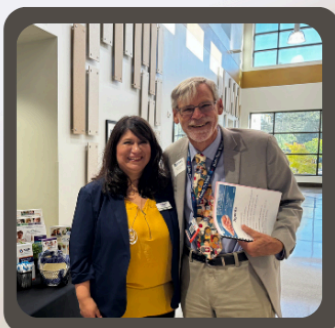
Please contact your local HICAP and please schedule a free and confidential appointment to receive up to date income requirements.

559-224-9117

● **800-434-0222**



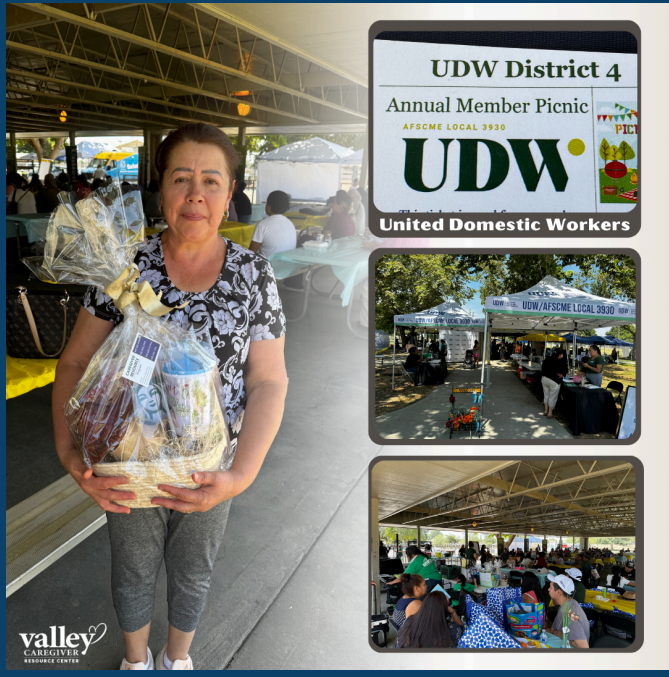
August Community Outreach



**Optimizing Health In Aging Populations
Fresno Madera Medical Society**



At Valley Caregiver Resource Center, we are dedicated to making a positive impact in our communities through outreach. Join us in spreading resources and information throughout our Fresno and Madera communities.
Together, we can make a difference!



Don't miss out on important information!

Stay in the loop by following us on our social media platforms.
Join our online community today.



HICAP
Health Insurance
Counseling and
Advocacy Program
Free Service to Medicare Beneficiaries

**NEED HELP PAYING
FOR YOUR
PRESCRIPTIONS?**

CALL HICAP!

THE HEALTH INSURANCE COUNSELING
AND ADVOCACY PROGRAM

(559)224-9117 ~ (800)434-0222
5363 N Fresno St.
Fresno, Ca 93710

valley
CAREGIVER
RESOURCE CENTER

MEDICARE 101

valley
CAREGIVER
RESOURCE CENTER

**CAREGIVER
RESOURCE
Program**

TUESDAY, AUGUST 13, 2024
2:00 PM TO 3:30 PM
ATTEND IN-PERSON OR VIRTUAL

HICAP WILL BE JOINING US TO TALK ABOUT:

- MEDICARE ELIGIBILITY
- YOUR MEDICARE RIGHTS
- ORIGINAL MEDICARE VS. MEDICARE ADVANTAGE PLANS
- HOW TO RECEIVE FREE, UNBIASED, AND CONFIDENTIAL COUNSELING
- AND MORE

HICAP
Health Insurance
Counseling and
Advocacy Program
Free Service to Medicare Beneficiaries

REGISTER NOW

(559) 224-9154 or
(800)541-8614

NATIONAL IMMUNIZATION MONTH 2024

Staying Healthy
Medicare's preventive services

Flu Shots
These shots help prevent influenza or flu virus. Medicare covers these shots once per flu season.

Hepatitis B Shots
This series of shots helps protect people from getting Hepatitis B. Medicare covers these shots for people at medium or high risk for Hepatitis B.

Pneumococcal Shots
Medicare covers a pneumococcal shot to help prevent pneumococcal infections (like certain types of pneumonia). Medicare also covers a different second shot if it's given one year (or later) after the first shot. Talk with your doctor or other health care provider to see if these shots are right for you.

Medicare Part D covers most vaccines and immunizations. There are also certain vaccinations that are always covered by Part B.

Let us know if you have questions!

HICAP
Health Insurance
Counseling and
Advocacy Program
Free Service to Medicare Beneficiaries

(559)-224-9117
Monday ~ Friday
8AM - 5PM
5363 N. Fresno St.
Fresno, CA 93710

SHIP
State Health Insurance
Assistance Program

valley
CAREGIVER
RESOURCE CENTER

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@Valley Caregiver Resource Center

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@Valley_Caregiver_Resource_Center

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@CaregiverValley

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@Valley Caregiver Resource Center

Hit that follow button!

APPLYING FOR MEDI-CAL *as a* MEDICARE BENEFICIARY

with

HICAP
Health Insurance
Counseling and
Advocacy Program

Free Service to Medicare Beneficiaries



IT'S AS EASY AS 1, 2, 3!

1

Get in contact with
Medi-Cal at HICAP

MEDI-CAL APPLICATION ASSISTANCE
DAY FOR FRESNO COUNTY

During your scheduled appointment, a Fresno County Eligibility Worker may provide assistance with:

- General program questions
- Application assistance with: Medi-Cal, CalFresh, CalWorks
- Ongoing cases
- Understanding letters received

CALL HICAP TO SCHEDULE YOUR APPOINTMENT

MONDAY-FRIDAY 8AM-5PM ☎ (559) 224-9117

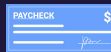
This event is the 2nd wednesday
of every month.

**GIVE US A CALL AND WE WILL
SCHEDULE YOU IN!**



2

Gather these important
documents



- Legal names of all people included in the application
- Social Security cards
- Proof of Address: Utility Bills (i.e. PG&E), insurance documents, etc.
- Proof of Identity: Passports, driver's license, etc.
- Income information: Social Security Award letter, pay stubs, etc.

Disclaimer: Please bring all documents enclosed in a secure folder. Do not share documents/personal information with anyone other than the Eligibility Worker on site.

3

Fill out the initial application
for Fresno County

Eligibility is income-based.

138% of the federal poverty level (FPL) is what will be used to determine whether you qualify for Medi-Cal.



Families or persons with income too high to qualify for a free Medi-Cal program may have a Share of Cost.

☎ (559)-224-9117 🕒 Monday - Friday 8AM - 5PM 📍 5363 N. Fresno St. Fresno, CA 93710





HICAP
Health Insurance
Counseling and
Advocacy Program

Become a HICAP Volunteer!


Learn to help others navigate through the confusing world of Medicare.


HICAP volunteer duties consist of:


- Counseling (after completion of required training)
- Administrative duties
- Fundraising and event support
- Outreach within the Fresno and Madera communities

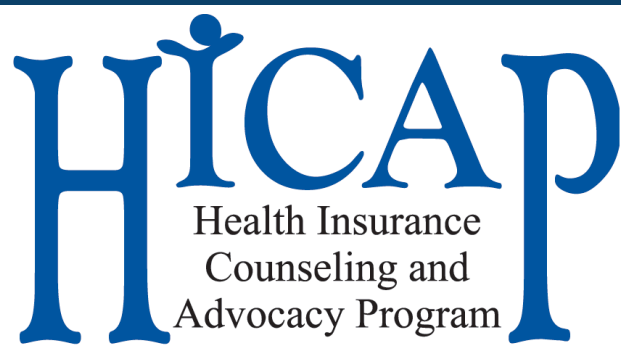
**JOIN OUR TEAM,
CONTACT US!**

Free
Orientation
& Training
Session

 LAURA ROBINSON
Volunteer Coordinator
Lrobinson@valleycrc.org

 (559) 224-9117 EXT. 304

 Valley Caregiver
Resource Center
5363 N. Fresno St.
Fresno, CA 93710



We are always here to help and share our services!
Best Wishes, from the Fresno/Madera HICAP Team
Carla, Crystal, Debra, Gyan, Jean, Jessenia, Laura, Wayne

**For program updates and more information,
please visit our website:
<https://valleycrc.org/hicap-program/>**

HICAP is a part of the National State Health Insurance Program (SHIP) network and supported by the California Department of Aging



SHIP
State Health Insurance
Assistance Program



Contact Information:
HICAP Program Manager, Crystal Tate
Phone: (559) 224-9117 or (800) 434-0222
Email: Ctate@valleycrc.org
Address: 5363 N. Fresno St. Fresno, CA. 93710

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