

HICAP Monthly Newsletter

March Issue 2024

HICAP
Health Insurance
Counseling and
Advocacy Program

Free Service to Medicare Beneficiaries

HICAP is here to help Monday - Friday, 8am - 5pm
Give us a call at (559) 224-9117 or 1-800-434-0222

THANK YOU!
*for a
successful*



**DRIVE THRU
SHREDDING EVENT
FOR SENIORS & CAREGIVERS**

Please see the recap below to view pictures, information, and acknowledgments!

Become a HICAP
Volunteer Counselor and
**Help Make
a Difference**



The Health Insurance Counseling and Advocacy Program (HICAP) is looking for qualified and compassionate volunteers to help beneficiaries navigate the world of Medicare. As a volunteer HICAP Counselor you will assist seniors 65+ and people with disabilities to understand their coverage and help them make informed decisions.

- **Join us for our upcoming free orientation and training session in April 2024**
- **Registration is required as class size is limited**

Visit: ValleyCRC.org or call
**HICAP Volunteer Coordinator,
Laura Robinson: (559) 224-9117 ext. 304**

**Interested in
assisting
Medicare
Beneficiaries?
Join our team!**

Contact Laura Robinson,
HICAP Volunteer
Coordinator, for
additional information at
(559) 224-9117 ext. 304.



This project was supported, in part by grant number 90SAPG0094-02-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy. HICAP operates with financial assistance and support from the Fresno-Madera Area Agency on Aging.

HICAP Social Media

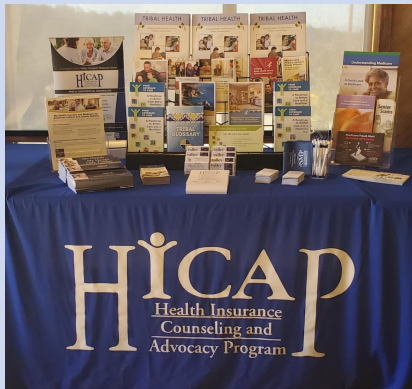
If you are interested in

If you are interested in scheduling a HICAP presentation please contact us at (559) 224-9117.



HICAP would like to encourage our beneficiaries to follow us on social media.

HICAP Community Outreach Coordinator, Sujei Martinez creates our wonderful HICAP posts. Below are HICAP's March posts in case you missed them.....



LI NET

Un recurso para los beneficiarios de Medicare

IMAGINE QUE ESTÁ EN EL MOSTRADOR DE UNA FARMACIA Y NECESITA QUE LE SURTAN SU RECETA. SE INSCRIBIÓ EN LA COBERTURA DE MEDICAMENTOS DE LA PARTE D, PERO SU COBERTURA AÚN NO HA COMENZADO.

EL PROGRAMA LI NET BRINDA COBERTURA INMEDIATA DE MEDICAMENTOS RECETADOS PARA CIERTAS PERSONAS EN SU SITUACIÓN.

LI NET es un programa de Medicare que brinda cobertura inmediata de medicamentos recetados para los beneficiarios de Medicare que califican.

Hable con un consejero registrado para determinar su elegibilidad

HICAP
Programa de Asesoramiento y Defensa de Seguros de Salud

Servicios gratuitos para beneficiarios de Medicare

(559)-224-9117

valleycrc.org

Lunes - Viernes
8AM - 5PM

5363 N. Fresno St.
Fresno, CA 93710



Este proyecto fue apoyado, en parte, por la subvención número 908APG0052-02-01 de la Administración para la Vida Comunitaria de los EU, el Departamento de Salud y Servicios Humanos, Washington, D.C. 20201. Se alienta a los beneficiarios que emprenden proyectos bajo el patrocinio del gobierno a expresar libremente sus hallazgos y conclusiones. Por lo tanto, los puntos de vista u opiniones no representan necesariamente la política oficial de la Administración de Vida Comunitaria. HICAP opera con asistencia financiera y apoyo de la Agencia de Envejecimiento del Área de Fresno-Madera.

Be sure to keep up with us on all our platforms!

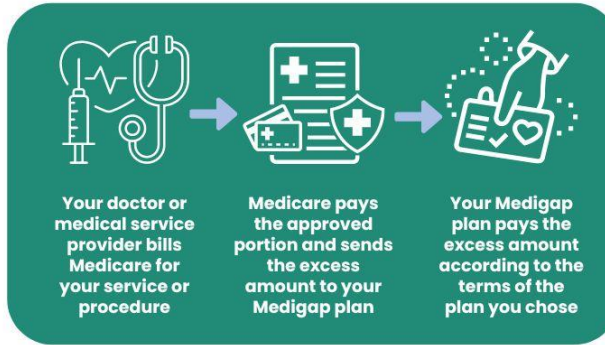




MEDIGAP + INSURANCE

Medicare Supplement Insurance (Medigap) is extra insurance you can buy from a private insurance company to help pay your share of costs in Original Medicare.

How it works...



Free Service to Medicare Beneficiaries
☎ (559)-224-9117
🕒 Monday - Friday 8AM - 5PM
📍 5363 N. Fresno St. Fresno, CA 93710

Talk with a Registered Counselor to learn about your options



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THANK YOU!
COMMUNITY MEMBERS,
COMMUNITY PARTNERS,
STAFF AND VOLUNTEERS!



for a successful



DRIVE THRU

SHREDDING EVENT
FOR SENIORS
AND CAREGIVERS



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🌐 valleycgr.org

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Be sure to check out our website!

Be sure to check out our Website!

The screenshot shows the Valley Caregiver Resource Center website. At the top, there is a navigation bar with the logo, contact information (800.541.8614 | 559.224.9154 • 5363 N. FRESNO ST.), and social media icons. Below the navigation bar, the main content area features the heading "ABOUT: HICAP" and a sub-heading "Health Insurance Counseling and Advocacy Program". The text describes the program as providing free, confidential, and unbiased one-on-one counseling services for Medicare beneficiaries of all ages. A photo of a man in a plaid shirt is shown next to the text. Below the photo is a "Connect With Us" button. At the bottom, there is a section titled "HICAP Services" with a list of services provided by counselors registered with the California Department of Aging.

valley
CAREGIVER
RESOURCE CENTER

800.541.8614 | 559.224.9154 • 5363 N. FRESNO ST. f @ in

About Caregiver Resources HICAP OASIS Adult Day Ombudsman Events Newsletters Support Contact

ABOUT: HICAP

Health Insurance Counseling and Advocacy Program

Whether you are new to Medicare, currently on Medicare, or a victim of Medicare fraud... HICAP can help!

Fresno and Madera HICAP is a State Health Insurance Program that provides free, confidential, and unbiased one-on-one counseling services for Medicare beneficiaries of all ages.

MEDICARE HELPS YOU ENJOY YOUR QUALITY OF LIFE

Connect With Us

HICAP Services

HICAP counselors are registered with the California Department of Aging & may assist Medicare beneficiaries with:

- Understanding their Medicare Rights and Benefits
- Coverage options
- Long Term Care Policies
- Medicare Grievances and Appeals
- Medicare Advantage Plan Enrollment Assistance and more

Find the latest news and updates on HICAP and Medicare information!

Please visit our webpage at the Valley Caregiver Resource Center website for more information about your Fresno and Madera HICAP, at valleycrc.org.

Medi-Cal Application Assistance Day

Join us for one of our favorite events!

Every 2nd Wednesday of the month, **Fresno County Department of Social Services** joins us at **Valley Caregiver Resource Center** to assist Seniors and Caregivers about all things **Medi-Cal, CalFresh, and CalWorks**.



documents.

This event showcased the importance of community engagement and partnerships within senior advocacy. Together with Valley Caregiver Resource Center volunteers, staff, and interns, Teens that Care, Fresno County Department of Social Services Outreach Unit, and San Joaquin Memorial, we provided a safe and fun event!

If you would like to learn more about this annual event and how you can support it next year, please contact HICAP at (559) 224-9117.

Did you attend and are willing to complete a short survey?
please click on the tab below:

[2024 Shredding Event Survey](#)





"Thank you!" to the following event supporters that provided tasty treats and supplies for our team of volunteers during the event...





Agency on Aging
Change The Way You Age



Fresno-Madera

HICAP
Health Insurance
Counseling and
Advocacy Program

Free Service to Medicare Beneficiaries

**COMMUNITY
PARTNERS**



Hands On
CENTRAL CALIFORNIA



(559)-224-9117
(800)-434-0222

Monday - Friday
8AM - 5PM

5363 N. Fresno St.
Fresno, CA 93710



CITY of CLOVIS

*Contact HICAP to learn more about how you can
support Medicare Beneficiaries in your community.*



CaIMHSA
California Mental Health Services Authority
Compassion. Action. Change.



**Department of
Behavioral Health**

HICAP is a program of the Valley Caregiver Resource Center and we would like to invite you to participate in the following fundraising opportunity:

\$200



GREEN FEE



Dragonfly Golf Club
43369 Ave 12
Madera, CA 93636
1 PM – Tee Off

Deadline to Register April 10, 2024

- **GREAT PRIZES**
- **FOOD**
- **AWARDS**

Title Sponsor: \$5,000
Registration Sponsor: \$1,800
Gold Sponsor: \$1,200
Tee Sponsor: \$225

ADD A SUPER TICKET FOR \$30

- (1) 50/50 Ticket
- (2) Mulligans
- (25) Raffle Prize Tickets

ALL PLAYERS WILL RECEIVE:

- Range Balls with Cart
- Closest to the Pin Contest
- Long Drive Contest
- Goodie Bag
- Team Photo
- Beverages & Meals

Valley Caregivers Resource Center offers a comprehensive array of services designed to assist elders and their families in mastering the challenges that accompany the aging process. As long-standing advocates and collaborators in preserving the health and quality of life of others, our aim is to promote personal & community well-being.



We welcome interested parties to contact Executive Director, Michelle DiBudo, to learn more about how you can volunteer, donate, or sponsor one of our upcoming events.

Executive Director: Michelle DiBudo

Phone: (559) 224-9154

Email: mdibudo@valleycrc.org

We are in need of auction items and would greatly appreciate your support!

We are always here to help and share our services!
Best Wishes, from the Fresno/Madera HICAP Team □

Lorena, Laura, Jean, Sujey, Jessenia, Gyan, Wayne C.,
Linda, and Debra

For program updates and more information, please visit our
website:

<https://www.valleycrc.org/hicap>

Contact Information:

HICAP Program Manager: Lorena Perez

Phone: (559) 224-9117 or (800) 434-0222

Email: lperez@valleycrc.org

Address: 5363 N. Fresno St. Fresno, CA. 93710

HICAP is a part of the National State Health Insurance Program (SHIP) network and supported by the California Department of Aging.

Supported by:



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Valley Caregiver Resource Center | 5363 N. Fresno Street, Fresno, CA 93710

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